



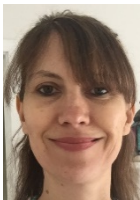
**free confidential outreach**  
individual or family counselling support  
for anyone affected by recent disasters  
includes first responders and their loved ones



**Lithgow & Mid Western Well Being  
Counsellor**

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**Blue Mountains, Dargan, Clarence  
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